1. **Лексико-грамматический тест.**

**Выберите один правильный вариант ответа из предложенных.**

1. My mother … a teacher.
   1. isn’t
   2. doesn’t
   3. don’t
2. tell/didn’t/me/you/the truth/why?
   1. Why you didn’t tell me the truth?
   2. Why didn’t you tell me the truth?
   3. Why didn’t you tell the truth me?
3. She is mad about … laptop.
   1. him
   2. hers
   3. her
4. I enjoy listening …….music.
   1. for
   2. to
   3. —
5. She decided to enter the medical academy because she is good ……Biology.
   1. at
   2. with
   3. to
6. She ……to the academy 5 days a week.
   1. goes
   2. is going
   3. going
7. Ten years ago \_\_\_\_ 40 departments at our academy**.**
   1. there is
   2. was there
   3. there were
   4. will there be
8. When you want to find some information, you … the Internet.
   1. go in
   2. walk in
   3. surf
   4. fly
9. I’m starving! – Me too. I ……..some sandwiches.
   1. am going to make
   2. will make
   3. going to make
10. We……..quietly. Suddenly the door……..open.
    1. were talking……..burst
    2. were talking……..was bursting
    3. talked……..burst.
11. .…… are students who study medical subject before they take final exams.
    1. undergraduates
    2. postgraduates
    3. interns
    4. first- year students
12. …… are students who can combine their work and course of training at a University (Academy).
    1. senior students
    2. junior students
    3. part-time students
    4. full-time students
13. The tooth ……… of enamel, dentine, cementum and pulp.
    1. composed
    2. compose
    3. composes
    4. is composed
14. The \_\_\_\_\_\_\_\_\_\_\_\_are the spinal column or the spine and the chest.
    1. bones of the trunk
    2. skull
    3. thorax
    4. pelvis
15. The \_\_\_\_\_\_\_\_\_\_ is a small bone, which is formed by the body and the arches.
    1. vertebra
    2. spine
    3. cartilage
    4. ligament
16. The bones of the skeleton are connected together by the \_\_\_\_\_\_.
    1. joints
    2. cartilages
    3. joints or cartilages and ligaments
    4. ligaments
17. The soft palate is a continuation of the soft tissues ……. the hard palate.
    1. cover
    2. covering
    3. covered
    4. is covered
18. The …… is a dilated portion of the alimentary tract.
    1. esophagus
    2. stomach
    3. small intestine
    4. tongue
19. ……. is the soft core of the connective tissue that contains the nerves and blood vessels of the tooth.
    1. cementum
    2. enamel
    3. pulp
    4. crown
20. The deciduous teeth are known as ….
    1. milk teeth
    2. adult teeth
    3. wisdom teeth
    4. permanent teeth

**II. Прочитайте текст и ответьте на вопросы.**

## Diet and Oral Health

To prevent cavities and maintain good [oral health](http://www.webmd.com/oral-health/default.htm), your [diet](http://www.webmd.com/diet/old-diet-toc) – what you eat and how often you eat – are important factors. Changes in your mouth start the minute you eat certain foods. Bacteria in the mouth convert sugars from the foods you eat to acids, and it's the acids that begin to attack the enamel on teeth, starting the decay process. The more often you eat and snack, the more frequently you are exposing your teeth to the cycle of decay.

The best food choices for the health of your mouth include cheeses, chicken or other meats, nuts, and milk. These foods are thought to protect tooth enamel by providing the calcium and phosphorus needed to remineralize teeth. Other food choices include fruits (for example, apples and pears) and vegetables. These foods have a high water content, which dilutes the effects of the sugars they contain, and stimulate the flow of saliva. Acidic foods, such as citrus fruits, tomatoes, and lemons, should be eaten as part of a larger meal to minimize the acid from them.

Poor food choices include candy – such as lollipops, hard candies, and mints – cookies, cakes, pies, breads, muffins, potato chips, pretzels, french fries, bananas, raisins, and other dried fruits. These foods contain large amounts of sugar and/or can stick to teeth, providing a fuel source for bacteria. In addition, [cough](http://www.webmd.com/cold-and-flu/tc/coughs-topic-overview) drops should be used only when necessary as they, like sugary candy, contribute to tooth decay because they continuously coat the teeth with sugar.

Sugar substitutes are available that look and taste like sugar; however, they are not digested the same way as sugar, so they don't "feed" the bacteria in the mouth and therefore don't produce decay-causing acids. They include: erythritol, isomalt, sorbitol, and mannitol.

Sugarless or sugar-free food sometimes simply means that no sugar was added to the foods during processing. However, this does not mean that the foods do not contain other natural sweeteners, such as honey, molasses, evaporated cane sugar, fructose, barley malt, or rice syrup. These natural sweeteners contain the same number of calories as sugar and can be just as harmful to teeth.

1. What helps to maintain good oral health?
2. How does the decay process start?
3. What food is good for oral health?
4. What products contribute to tooth decay?
5. In what cases can sugar-free food be harmful to teeth?

**III. Темы устных сообщений.**

1. Я — студент медик. Моя семья.
2. Рабочий день студента. Досуг.
3. Мои планы на будущее.
4. Ижевская государственная медицинская академия.
5. Выдающиеся ученые-медики.
6. Анатомия человека: скелет.
7. Анатомия человека: мышцы.
8. Формирование зубов. Строение зуба.
9. Прорезывание зубов. Аномалии прорезывания.
10. Пищеварительная система. Органы пищеварительной системы. Органы полости рта.
11. Физиология пищеварения. Диета и здоровье зуба.

Пересмотрен на заседании

кафедры иностранных языков

14 марта 2014 г. протокол № 4

заведующая кафедрой

иностранных языков

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