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-HOW TO SURVIVE-

**MEDICAL SCHOOL**

Time flies. Just a year ago I was an ordinary school girl full of ambitions and confidence. All I wanted that time was to pass exams successfully and enter the Medical Academy. The future seemed to be clear and promising.

At last my dream came true. I couldn’t help waiting for the first meeting with students and teachers. Everything was new and shiny and there were so many opinions on what and how to do. One knows that Medical school is quite intense but I have never thought before that it is tougher than I could expect. The first few months at the Academy appeared to be the most difficult in my new life. I still come across with a lot of problems and some of them are beyond my comprehension. Sometimes I’m about to stop everything and “go to Narnia”.

I’m not going to teach how to survive, I just want to share my experience. First I made friends with my alarm clock. I do not hate it any more, moreover our relationship is getting stronger. We date every morning, evening and even twice in the night. Isn’t it romantic? Sometimes it has a bad effect on me and I look like a zombie without make up. People ask if I get enough sleep I always answer positively, my secret is simple when I sneeze my eyes are close so I manage to sleep during classes too.

Hard working is a key factor of student life. No matter how well prepared I am or how hard I try some teachers never seem to be satisfied. They say all of my answers are all right but I don’t do it the hard way. A teacher is a person who helps to solve problems you’d never have without him. I realize the key word here is “help”. So I do not make drama I just keep working hard.

Any school can be a pretty lonely place if you don’t make the effort to be involved in social activities and get new friends. At the academy I quickly click together with the people who are close to me and I kindly call them my “med sisters and brothers”. They really help to reduce my stress here. I’m absolutely sure that “the friends you make at university are the friends you will keep for the rest of your life”.

Coming to the conclusion I should say that “work hard, have fun and no drama” are the main three tips that make my survival easier, plus a night student’s prayer: “Now I lay me down to rest, I pray I pass tomorrow’s test. If I should die before I wake, that’s one less test I’ll have to take”.

Already survived your first year of medical school? Let me know what helped you to get through in.